



GOVERNOR'S UPDATE

DC ACP Governor, Patience White, MD, MACP

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Governor's Message

As the year 2025 ends, I am grateful to everyone who has been a part of our many DC ACP activities and has stepped up to lead and be on DC ACP committees. The chapter has had a good year and looks forward to an exciting 2026. 2026 will be the 40th anniversary of the founding of the DC chapter. We are looking for volunteers who would like to join an anniversary planning committee expertly led by Dr. Henry Masur.

This year the chapter has increased our student and resident membership by 34% and 20% respectively. See the fun map below of where our members are located. In addition, we had a very successful chapter meeting in November with a 14% increase in attendance. I am very proud of our membership as we received six national awards, and honored 18 physicians with local awards at our chapter meeting. See the photos and list of winners below. Also congratulations to the DC ACP new FACPs:

- **Alison Marie Colantino, MD, Bethesda**
- **Aparna Desai, DO, Silver Spring**
- **Kathryn D Kelly, MD, Silver Spring**
- **Thomas Marshall Masterson, MD, Laurel**
- **Bikram Shrestha, MD, Gaithersburg**

Please help find other members to nominate them to [become FACPs](#). If you see the chapter winners or the new FACPs, please congratulate them.

Advocacy has been a major area of our members' interest, and ACP had been very active in 2025 on your behalf. The ACP Washington office gave a thorough update at our chapter meeting. Look at the infographic about ACP's Advocacy efforts in 2025 on the ACP [website](#). If you have not joined already, please join the Advocacy in Action (AIM) Network today at [Get Involved: Advocacy in Action | ACP Online](#). Every voice matters to move the ACP's pro-internal medicine and patient advocacy agenda forward. Also, hold the date for Leadership Day to join the DC contingent in **Washington, DC on May 12-13**.

The DC ACP Chapter works closely with MSDC on practice issues coming before the DC Council and testifies where needed. Of note, if you are not already aware, many DC residents are undergoing an insurance transfer.

[Learn more here](#) or [contact MSDC](#) on how you can support your patients and your practice.

One of our DC ACP members, Sarah Candler, MD, has been appointed to the DC Health Benefit Exchange Standing Advisory Committee that is working on helping DC Medicaid and Alliance beneficiaries be transferred to new insurance programs:

- About 1,100 residents are still being transitioned from Medicaid to the Healthy DC Plan due to manual data input delays.
- Another 1,600 patients previously served by Medicaid currently have been identified as no longer Medicaid or Healthy DC Plan eligible and must find new coverage on the DC Health Exchange. There is a special enrollment period through December 2026 for those who lost Medicaid coverage.
- Thousands more have been transferred from one plan to another, and either may know it but not the benefits, or may be unaware of the change.

Lastly, as of January 2026, there will be an update to ACP's publications to reduce ACP's carbon footprint, curb expenses, and streamline content delivery. ACP members can access these publications using their ACP login credentials.

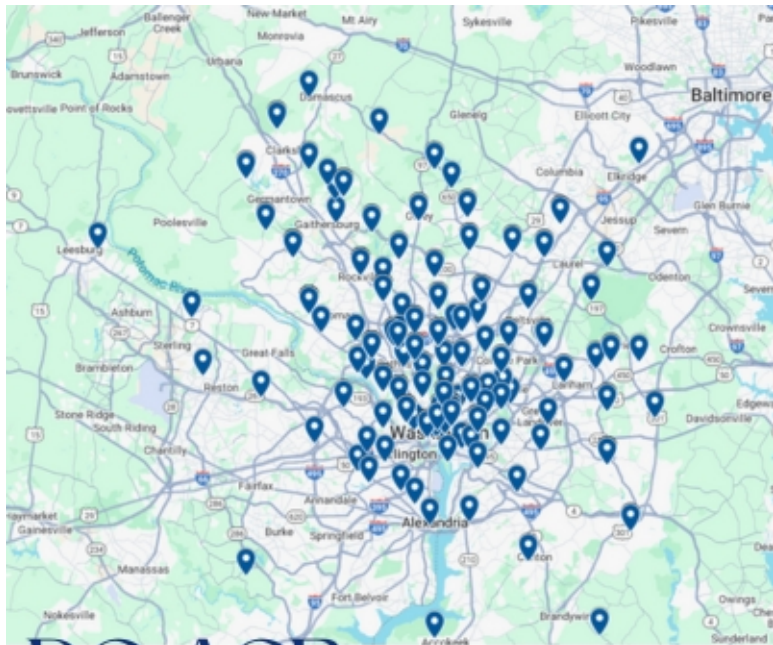
Changes will include the following:

- ***I.M. Matters from ACP*** (formerly *ACP Internist*), which has been published in print for over four decades, will transition to a **monthly online-only publication** and will be **combined** with the companion e-newsletter *I.M. Matters Weekly from ACP*.
- **I.M. Matters News** will be a new monthly feature in our flagship publication, *Annals of Internal Medicine*.
- **Weekly Delivery:** ACP members will continue to receive clinical and College news weekly under the *I.M. Matters* name.
- **Monthly Digest:** On the last Tuesday of the month, ACP members will receive an electronic table of contents via e-mail with links to all content published that month.
- **Exclusive Member Benefits:** *I.M. Matters from ACP*, *ACP Diabetes Monthly*, and *ACP Gastroenterology Monthly* will join *ACP Hospitalist* as **exclusive benefits of ACP membership**.

Thank you for all the help and support I receive from our executive staff and many DC ACP members. I look forward to seeing you in 2026, and wish you and your families a joyous holiday and a happy and healthy New Year.

Patience White, MD, MACP
Governor, DC ACP

Where are DC Members Located?



DC ACP MEMBER MAP

THIS MAP SHOWS WHERE THE MEMBERS OF DC ACP LIVE OR WORK. THE MAP POINTS ARE BASED ON THE ADDRESS IN THE ACP DATABASE.

Award Winners

2025 AWARD WINNERS



LAUREATE AWARD

Sean A. Whelton MD, FACR, FACP

Professor of Medicine

Medstar Georgetown University
Hospital



VOLUNTEERISM AWARD

Marco Mercader, MD

Professor of Medicine, Division of
Cardiology

George Washington University



COMMUNITY BASED TEACHING AWARD

Randi Abramson, MD

Medical Director

Bread for the City



LEADERSHIP AWARD

Henry Masur, MD

Chief, Critical Care Medicine Department

Clinical Center National Institutes of
Health



WALTER HENRY AWARD

Ali Ahmed, MD, MPH

Associate Chief of Staff for Health and
Aging Professor

Washington DC VA Medical Center



WALTER HENRY AWARD

Andrew F. Shorr, MD, MPH, MBA, MA

Head, Pulmonary and Critical Care;

Director Medical ICU

Medical Director, Respiratory Therapy



2025 AWARD WINNERS



ADVANCING CAREERS IN MINORITIES AWARD

Gail S. Kerr, MD, FRCP (Edin), MACR

Washington, DC Veterans Affairs
Medical Center



LARRY KLEIN ADVOCACY AWARD

Prashanth Kumar, MD, FACP

George Washington University Hospital



GOVERNORS SERVICE AWARD

Tasha Phillips-Wilson, MD, MPH, MS

Resident Physician

University of Maryland Capital Region
Health Medical Center



SOL KATZ MEMORIAL TEACHING AWARD

Clint Pettit, MD, FACP, FAAHPM

Palliative Care Physician

MedStar Washington Hospital Center



SOL KATZ MEMORIAL TEACHING AWARD

Brad B. Moore, MD, MPH, FACP

Director of Lifestyle Medicine and
Medical Director of International
Medicine Programs

The George Washington University



SOL KATZ MEMORIAL TEACHING AWARD

Bhumika S. Gandhi, MD

Associate Professor of Internal
Medicine and Pediatrics

MedStar Washington Hospital Center

MedStar Georgetown University
Hospital



2025 AWARD WINNERS



SOL KATZ MEMORIAL TEACHING AWARD

Rachel Robbins, MD, MHPE

Rheumatology Fellowship Program
Director

Walter Reed National Military Medical
Center



SOL KATZ MEMORIAL TEACHING AWARD

Miriam B. Michael, MD, FACP

Associate Director and Internal
Medicine Clerkship Director

Howard University College of Medicine



SOL KATZ MEMORIAL TEACHING AWARD

Christa S. Zerbe, MD

Senior Clinician

The National Institutes of Health/NIAID



SOL KATZ MEMORIAL TEACHING AWARD

Caitlin Crowther, MD

Primary Care Residency Coordinator

Washington DC VA Medical Center



SOL KATZ MEMORIAL TEACHING AWARD

Katie G.C. Anderson, MD, MS, FACP

Section Director, Comprehensive Chronic
Pain Management Program, DC and
Suburban Maryland.

Core Faculty and Director of Faculty
Development, Kaiser Permanente Mid-
Atlantic States Internal Medicine Residency

Mid-Atlantic Permanente Medical Group



SOL KATZ MEMORIAL TEACHING AWARD

Helen Lavelle, MD

Associate Program Director

University of Maryland Capital Region
Health





2025

NATIONAL AWARD WINNERS



W. LESTER HENRY AWARD FOR DIVERSITY, EQUITY AND INCLUSION

Elena Rios, MD, MACP

HARRIET P. DUSTAN AWARD FOR SCIENCE AS RELATED TO MEDICINE

Paul L. Kimmel, MD, MACP

JOHN PHILLIPS MEMORIAL AWARD FOR OUTSTANDING WORK IN CLINICAL MEDICINE

Griffin P. Rodgers, MD, MACP

WALTER J. MCDONALD AWARD FOR EARLY CAREER PHYSICIANS

CDR Jeffrey R. Strich, MD

EDWARD R. LOVELAND MEMORIAL AWARD FOR A DISTINGUISHED CONTRIBUTION IN THE HEALTH FIELD

DC Central Kitchen

MASTERSHIP

Jehan El-Bayoumi, MD, MACP

ACP Member Resources

Long COVID Resource Hub

ACP, in collaboration with the Council of Medical Specialty Societies (CMSS), has launched a new Long COVID Resource Hub to help clinicians navigate evolving evidence and care for patients experiencing post-COVID conditions. The hub, free to ACP members, offers easy access to curated tools, educational materials, resources from DynaMedex®, and clinical guidance in one place.

Access up-to-date research, symptom management strategies, and practical resources to enhance patient care. It's all your fingertips by going to the [COVID-19 resources on acponline.org](https://www.acponline.org/covid-19-resources).

ACP Career Connection

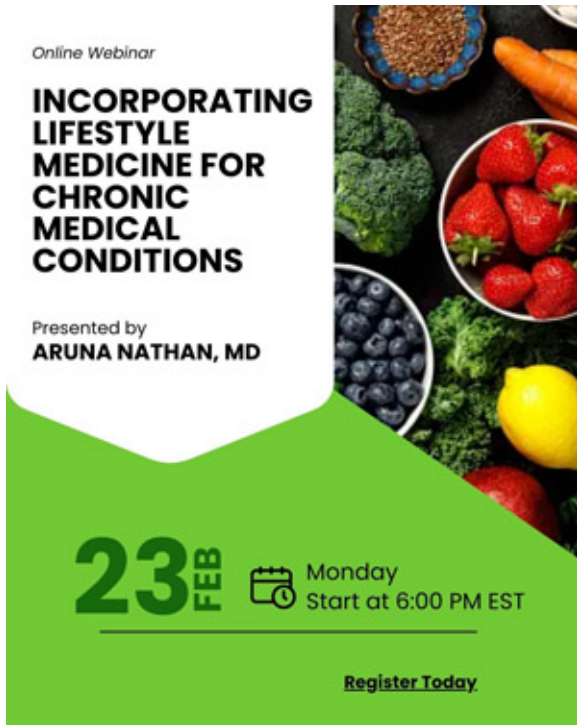
ACP's Career Connection offers various services that enable ACP's members to search for and locate jobs in internal medicine or a subspecialty.

- ACP's Career Connection (careers.acponline.org) database of career opportunities
- ACP's Career Connection Career Guides
- ACP's Career Connection Job Placement Center at ACP Internal Medicine Meeting
- ACP's Career Connection Virtual Career Fairs

ACP's Career Connection (careers.acponline.org) is a physician-friendly, searchable database of career opportunities for internal medicine physicians, internal medicine subspecialists, hospitalists, and other physician specialists. Physicians can search jobs by location radius, specialty, and company name. The website offers physicians the opportunity to create a new CV or upload a current CV; create and store cover letters; receive job alert e-mails when jobs become available that match their personal profiles, skills, interests, and preferred locations; and access new and exclusive career resources that provide many helpful strategies from CV writing tips to career advancement advice and ACP's Career Advice videos. Don't get stuck! Find a new career and search hundreds of job listings online at ACP's Career Connection. Advanced job search options target your specialty and desired location.

Take control of your career search. ACP Career Connection gives you control. Set who can see your profile and CV with advanced search options and target specialty and location opportunities.

Upcoming Events



Webinar - Incorporating Lifestyle Medicine for Chronic Medical Conditions

February 23, 2026
6:00 p.m. ET

Join us to discover how Lifestyle Medicine is reshaping chronic disease care by tackling root causes with sustainable, evidence-based strategies. Learn practical ways to apply lifestyle-focused care and help patients improve health while reducing medication use. Perfect for clinicians seeking better outcomes through patient-centered, cost-effective methods.

REGISTER



DC, Maryland and Virginia Reception at IM26 Meeting

Thursday, April 16, 2026
The Eldorado (701 Folsom St., San Francisco)

8:00-9:30 PM

Alumni and current members of the DC Chapter are invited to attend this reception at the IM26 Meeting that is being held in San Francisco. We hope you will join us to see others from the DC, Maryland and Virginia Chapters!

[RSVP Here](#)