

Dear friends and colleagues,

In just a few weeks my 4-year term as our chapter's governor will conclude. Together, we braved the pandemic and experienced unprecedented challenges in our personal and professional lives. Terms and issues that were on the back burner (or sometimes no burner at all) have burst into our lives. Working from home versus being in the workplace. Zoom versus in person meetings. Masking versus unmasking. Vaccine hesitancy, medical misinformation, and physician burnout. Now rapidly moving toward the front, is artificial intelligence. A revolution in technology that is certain to impact medicine in ways that we have barely begun to appreciate.

Despite the all the changes there are two constants. The patients who come to us for help and the physicians, who use brains, hearts, persistence, and creativity to work for their benefit. I am proud to have continued our chapter's tradition, established by my predecessors, and nurtured over many years, of putting patients and the internal medicine physicians who care for them at the center of what we do.

All of our efforts, from medical education to building a professional community, from sharing our voice with national ACP to advocating with elected leaders, have focused on improving patient's lives and strengthening the position of the internal medicine physicians who care for them. With my term coming to an end and with Patience White taking the helm as our next governor, I am proud of what we have accomplished and excited about what's to come.

### DC Member Monday



We really enjoyed the Member Monday program that we established to reconnect during the Pandemic. While we can gather in person now, and love to do so, we want to bring this back to continue getting to know our members. Please take a moment to complete the Member Monday form and we will showcase you in a future post on our social media channels.

Also, if you don't currently follow us, please take a moment to do so.

- Facebook: https://www.facebook.com/DCACP/ (https://www.facebook.com/DCACP/)
- Twitter: https://twitter.com/ACP\_Dcchapter (https://twitter.com/ACP\_Dcchapter)
- Instagram: https://www.instagram.com/dc.acp/ (https://www.instagram.com/dc.acp/)

If you don't remember the Member Monday program, here is a previous post so you can see what we will be doing with the information you submit.



# DC ACP Insider Podcast



Meet the incoming DC ACP Governor, Patience White, MD, MACP! Dr. Shoham interviews Dr. White so you can find out more about her, her past, passions and much more. Click here to access the podcast. (https://stitcher2.acast.com/livestitches/8eecd274dee54f38132a9472500ac12b.mp3?aid=65e09fbababcda00166f1d2a&chid=9283f772-d5f1-5dc7-a642-

386c6f1014a4&ci=WFCRA8sQxa5MCoYw9MT5OqL77PphXlUwRnidVCzD5FhK2Bael7lgxQ%3D%3D&pf=rss&sv=sphinx%401.199.1&uid=7b02acb8e56853b9488f809cf0134950&Expires=1709679410515&Key-tokkey-tPair-Id=K38CTQXUSD0VVB&Signature=boMh5LbD6zriKDfXNLkk7SnpOsfqvQcluNjy7B74MX3qN9MmtzKgOjjpp9ihqxNDSYJhn~6MYIJ8KT3DHLDcuVRkvhII-cJ4rdcqhttNj3srybCSJLsGjludrrRvJdKwz9f9x $m6m7JWZHkKl7o6Vs-Xxln9zG5c96UNsmo5eKfc8lW2uc^*a2xlUJX^*3Q0f8qXC1^*hUPSM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfM5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlDov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlOv8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlOv8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlOv8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlov8cfwoK-AU51-chupsM1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wQRDEwphrZuJcmLNaRMZOjCXAQSlov8cfwoK-AU51-chupsW1U3Eb7XQVvgMgfgV24bu-g^*OjEJsfW5d8wqAC1-chupsW1U3Eb7XQVVgMgfgV24bu-g^*O$ Y1~W1XqeBJvYzsTh~nkHfoHLE7L157DCrVvvwdfOS2RWyhCpBDnFZkZSg16qUNOg )

ACP's Career Connection 2024 Winter Career Guide

To access the first three episodes of the DC Internist Insider Podcast, click here (https://www.dc-acp.org/podcast.html).

# MACP American College of Physicians\* Leading Internal Medicina, Improving Lives **ACP'S CAREER CONNECTION** 2024 WINTER CAREER GUIDE

Creating an impactful CV Better ways to evaluate, negotiate employment contracts The four questions to consider when

Featuring:

lanning your internal medicine career hree keys for teaching: Think aloud, simplify, be kind

Are you ready to be an FACP? Tackling burnout as an occupational Early career physicians are mentors, mentees On leaving clinical medicine

ACP has just released the 2024 Winter Career Guide (https://bit.ly/2024-Winter-Career-Guide), available here or on ACP's Career Connection at careers.acponline.org (https://careers.acponline.org/) until

Find advice that will help you advance your career whether you are beginning your medical practice or have been practicing for many years. The 2024 Winter Career Guide also contains approximately 90 job opportunities located at medical facilities across the country.

### **Upcoming DC ACP Events**

DC Maryland and Virginia Reception at IM24

Thursday April 18, 2024

8:00-9:30 PM

Rosa Mexicano, 155 Seaport Blvd., Boston, MA

Join fellow members from the DC, Maryland, and Virginia Chapters for an evening filled with conversations, connections, and camaraderie

RSVP here.

(https://docs.google.com/forms/d/e/1FAIpQLScfieDSoQAMAwV3yw8YEvJAkvHYMY8HTIhUGQ6MKtlzUzRhjw/viewform)

The DC ACP has a book club, and you are invited to join us! As part of the book club, each member will read the selected book and then participate in discussions about the books at the dates and times given below.

Sign up here to join the book club. (https://forms.office.com/r/0cw00vCB0y)

Dates of Book Club Discussions will be:

• March 21, 2024 - The Covenant of Water by Abraham Verghese (https://www.amazon.com/Covenant-Water-Abraham-Verghese/dp/0802162177)

### **ICYMI Webinar Recordings**

## Medical Students: Writing Personal Statements

How to write a compelling personal statement for your residency and fellowship applications.

Click here to watch the recording. (https://www.youtube.com/watch? /=4\_HP6LyM3-c)





We hosted an informative webinar about a unique and serious food allergy -Alpha-gal Syndrome (AGS). This condition, which causes an allergic reaction to red meat, is triggered by bites from specific types of ticks.

Click here to watch the recording. (https://youtu.be/2zpIFzFyHcY)

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